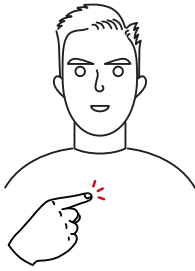


# Auslan

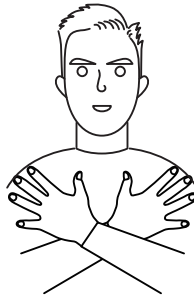
For Wrestling

(English) I love wrestling.

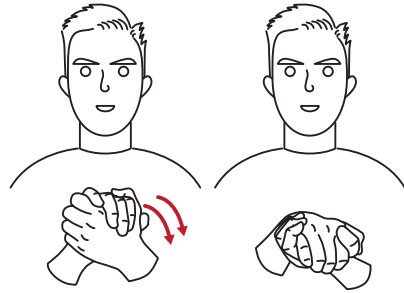
(Auslan) I - Love - wrestling



I / Me



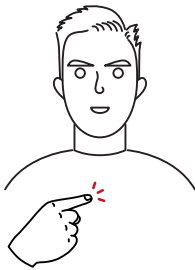
Love



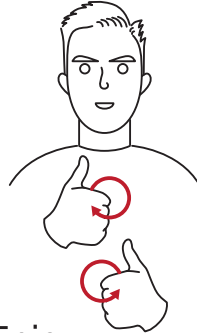
Wrestling

(English) I enjoy wrestling.

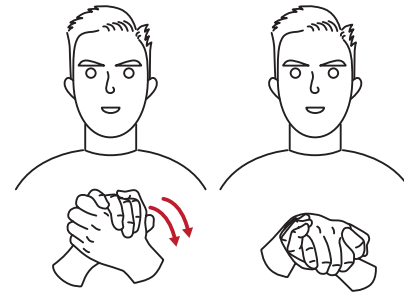
(Auslan) I - Enjoy - Wrestling



I / Me



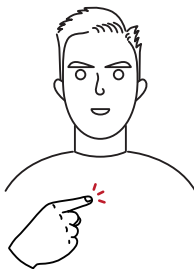
Enjoy



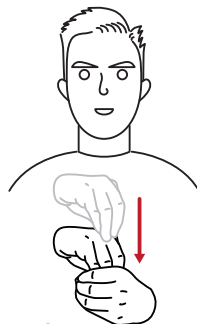
Wrestling

(English) I'm in the wrestling club.

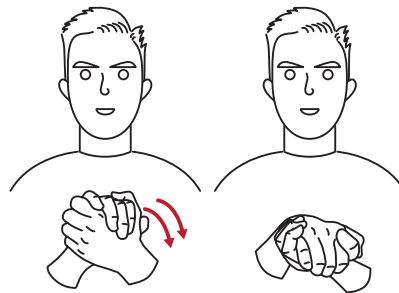
(Auslan) I - Join - Wrestling - Club



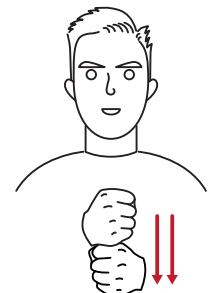
I / Me



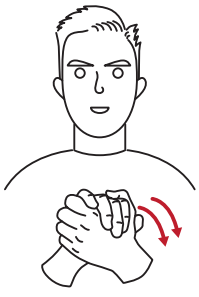
Join



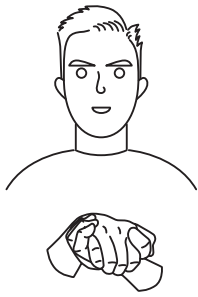
Wrestling



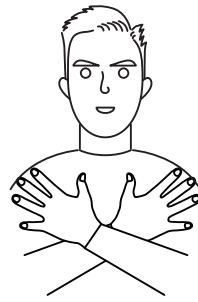
Club



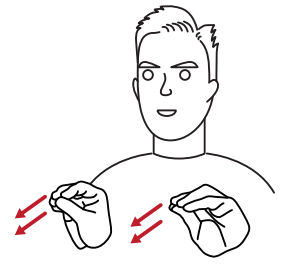
Wrestling



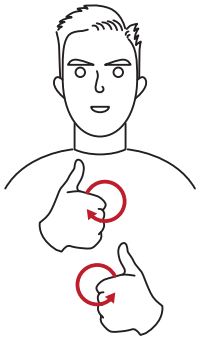
Like



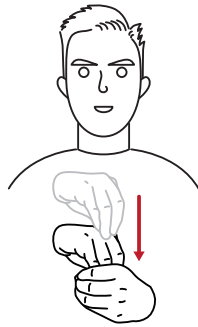
Love



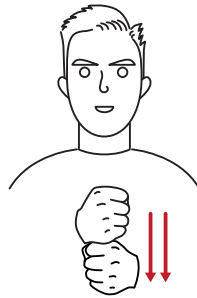
Coach / Teach



Enjoy



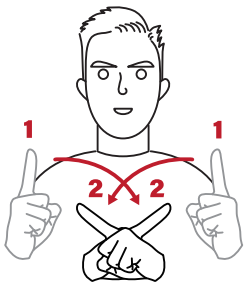
Join



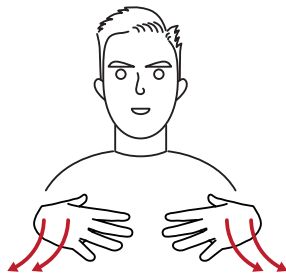
Club



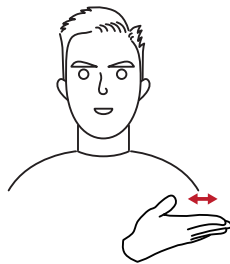
Can



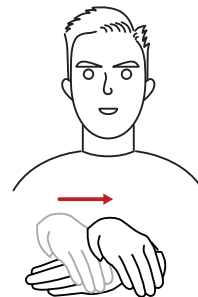
Change



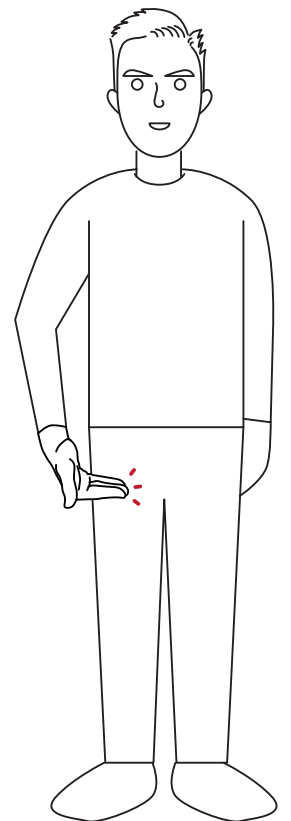
Clothes / Wear Uniform



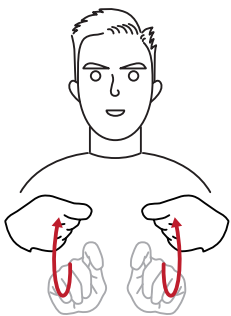
T-shirt



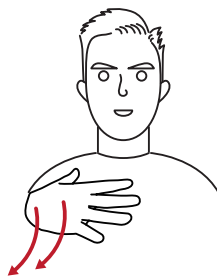
Shoes



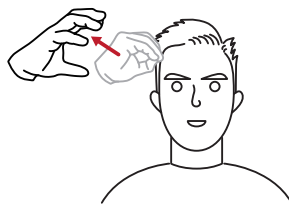
Shorts



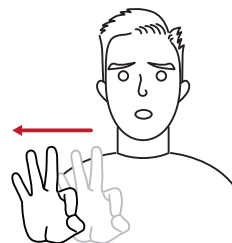
Socks



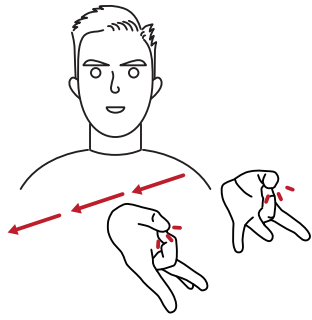
Need



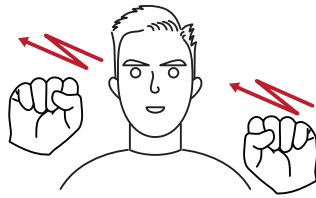
Forget



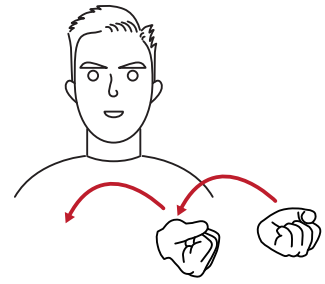
Don't / Not



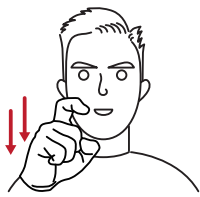
Prepare



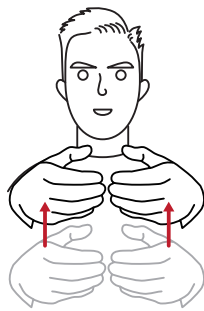
Towel



Bring



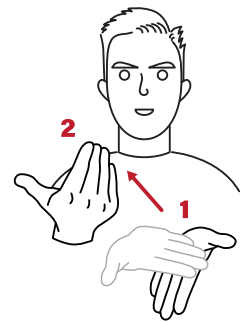
Water



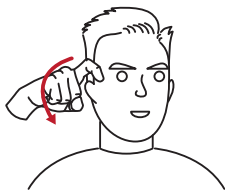
Bottle



Wrestling headgear



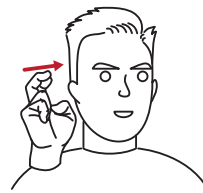
Off



Hearing aid



Cochlear implant

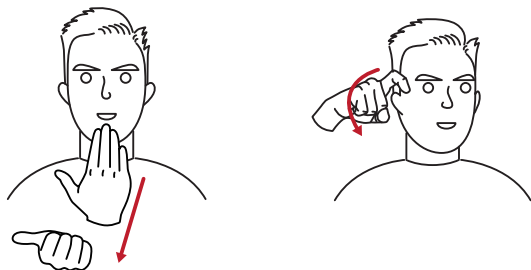


# Example

---

(English) Please wear your hearing aid.

(Auslan) Please - Hearing aid

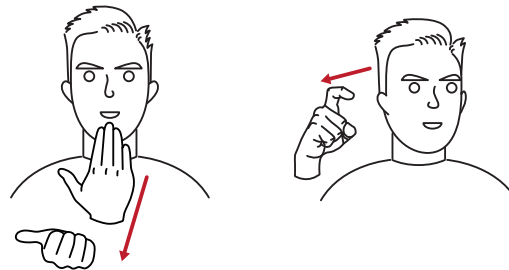


Please

Hearing aid

(English) Please take off your hearing aid.

(Auslan) Please - Hearing aid (off)

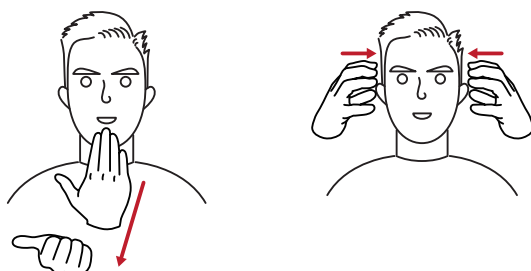


Please

Hearing aid

(English) Please put your headgear on.

(Auslan) Please - Headgear (on)

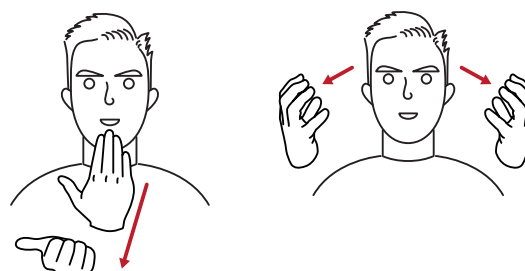


Please

Wrestling headgear

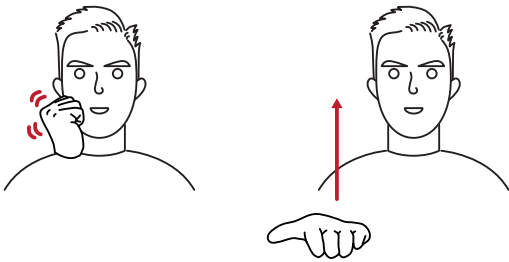
(English) Please take your headgear off.

(Auslan) Please - Headgear (off)



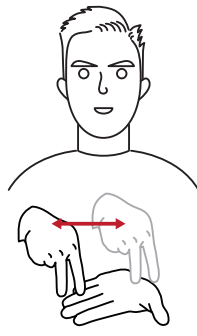
Please

Wrestling headgear

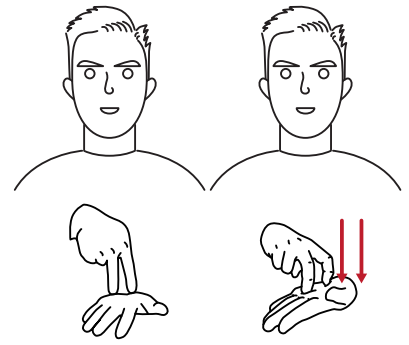


Warm

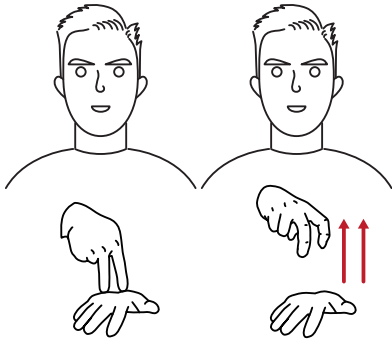
Up



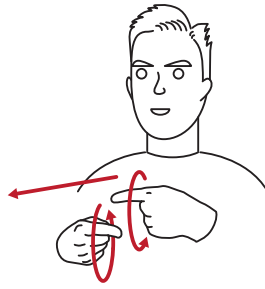
Footwork



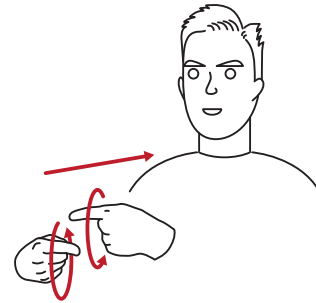
Squat



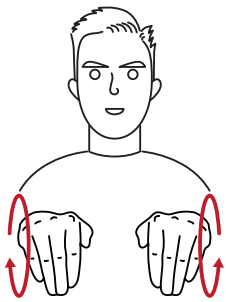
Jump



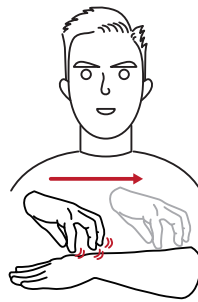
Forward roll



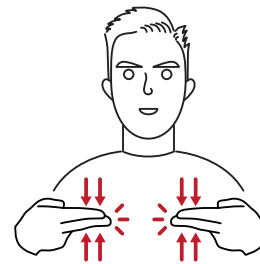
Backward roll



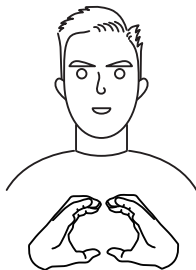
Kangaroo



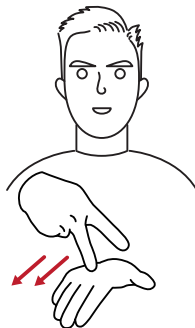
Spider



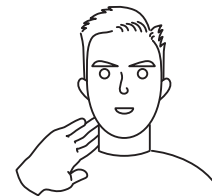
Crab



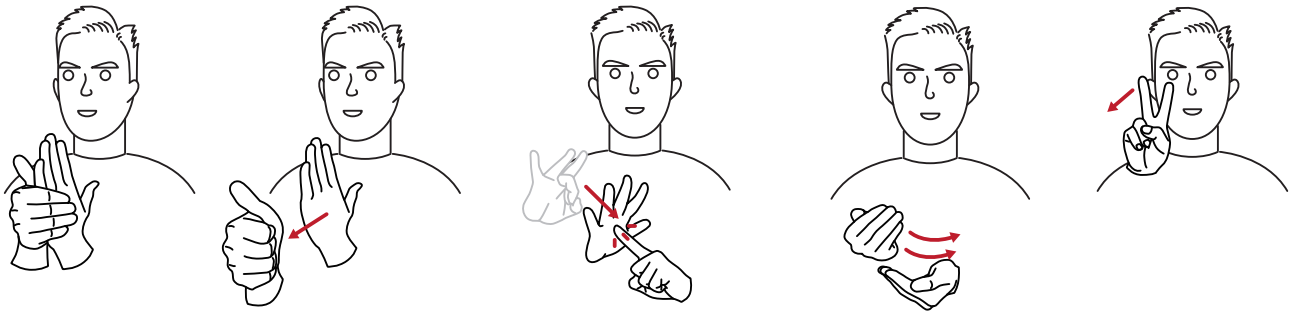
Ball / Egg



Walking



Neck

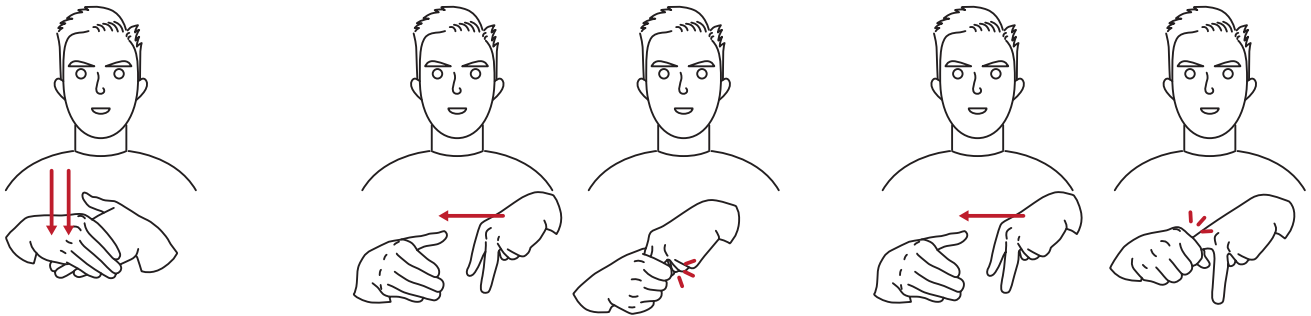


Skill

Important

Keep

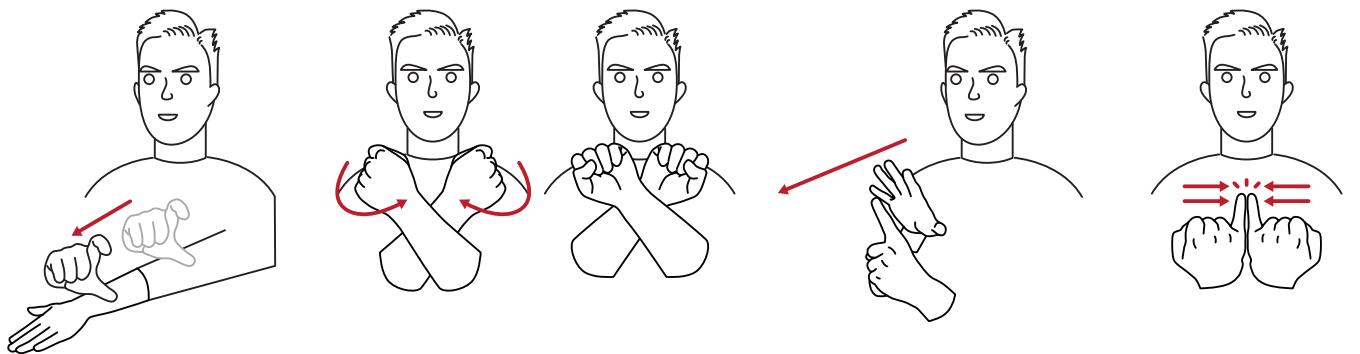
Watch



Handshake

Double leg / Tackle

Single leg



Confident

Defence

Attacking

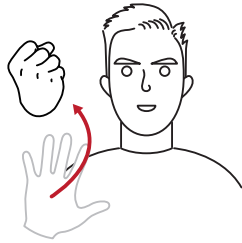
Competition

There are no specific signs for the following words, so please try using gestures instead.

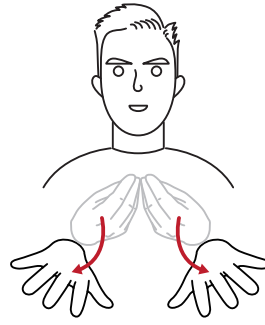
- Sprawl
- Arm Drags
- Underhooks
- Wrist Control
- Rhino Escape
- Leg Control
- Bear Hug
- Back Control
- Take Downs
- Ankle Picks



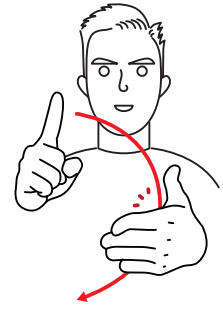
Rule



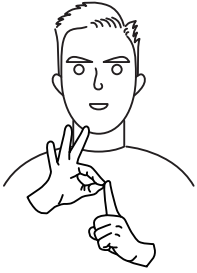
Win



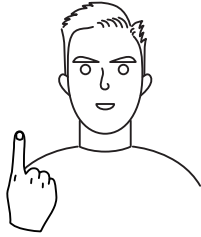
Lost



Penalty



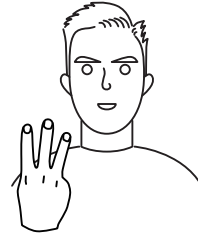
Point



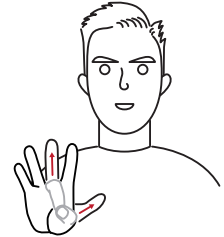
One



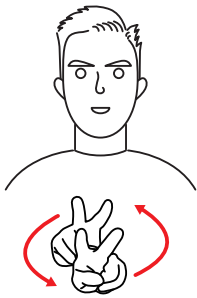
Two



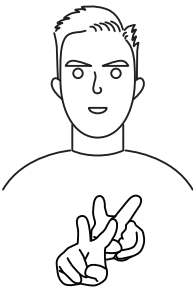
Three



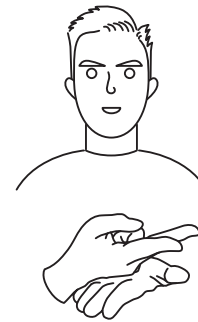
Ten



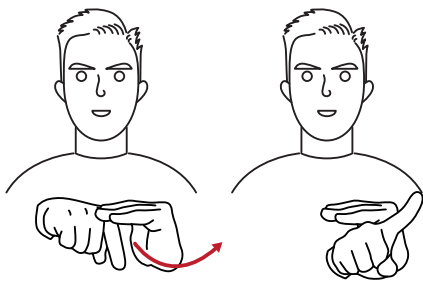
Reversal



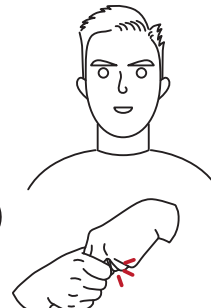
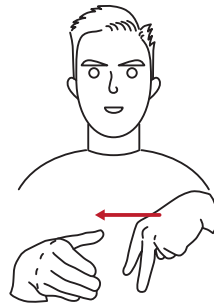
Near fall



Fall / Pin

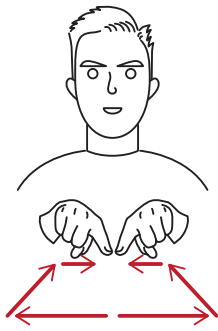


Escape

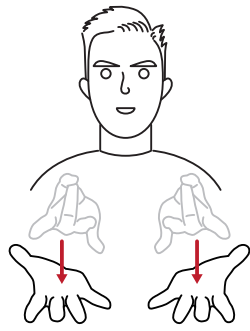


Takedown / Double leg / Tackle

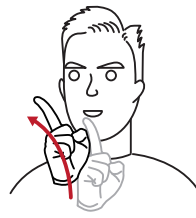




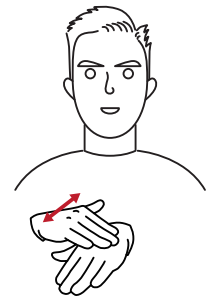
Mat / Ring



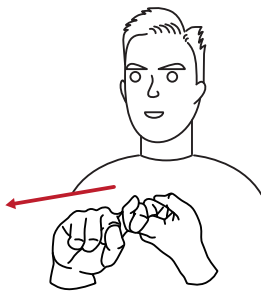
Ready



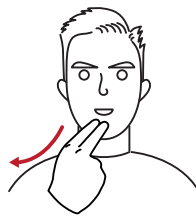
Red



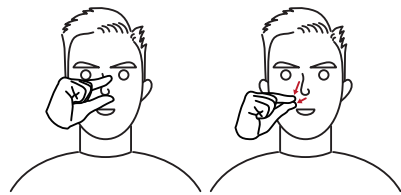
Blue



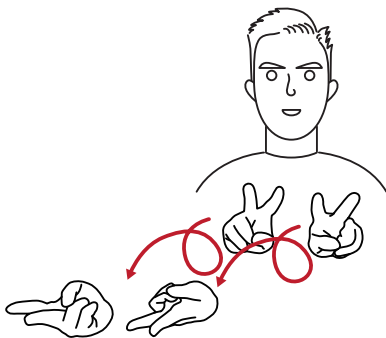
Continue



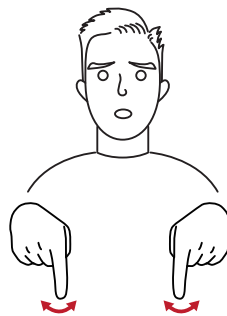
Referee



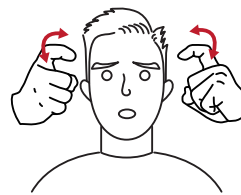
Can



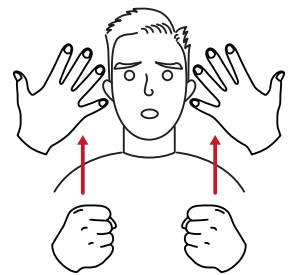
Relax



Nervous



Worry



Give up



My name is Nobuo Hara. I grew up in Japan with a hearing family; I am Deaf. Growing up Deaf, I experienced significant disadvantages due to my peers, educators, and teachers not understanding Deafness or the importance of sign language. I moved to Australia 14 years ago and taught Auslan classes and LOTE with Access Plus WA Deaf for over 12 Years. I hold a Certificate IV in Training and Assessment and qualifications as a Japanese Sign Language Trainer. I am actively involved in the community, being a member of my local rugby team and participating in initiatives with local Deaf and Hard of Hearing artists.



[@nobrin\\_auslan\\_jsl](https://www.instagram.com/nobrin_auslan_jsl)